## The materials in this package have been handled in a safe manner with regards to the Covid-19 virus

## **Temporary Filling Material - CAVIT**

**Cavit** is a premixed temporary filling material that contains zinc oxide, calcium sulphate, zinc sulphate, glycol acetate, polyvinylacetate resins, polyvinyl chloride acetate, triethanolamine and pigments.

## PLACEMENT INSTRUCTIONS

- Brush your broken tooth, use floss or Tepe brushes to ensure there is no food debris between the teeth. Use mouthwash if available.
- Wash your hands with soap or hand sanitizer.
- If required you can use the cotton wool rolls to hold your cheek away from the broken tooth.
- If possible try to dry the tooth using another cotton wool roll or a cotton wool pledget.
- Take approximately half of the Cavit (or enough to cover the entire gap) and use your fingers to roll it into a ball. Do this for around 30secs to ensure the cavit ball is warm it should feel smooth, soft and 'squishable' if it crumbles then either roll for longer or start again.
- Place the ball into the gap or cavity and gentle press with your finger a slightly damp finger may prevent the material from sticking to your finger.
- Use your finger to smooth the material into place the material slightly expands to create a good seal.
- Gently bite down to ensure your teeth can fit together.
- If there should be any you can carefully remove any excess material.
- The material will **self-set**, it should be fully set in about an hour, but it is not recommended to eat for several hours
- This filling may last for about six to eight weeks.
- Cover any remaining Cavit ideally by wrapping in clingflim to prevent it from drying out.